

# Assisted Living and Memory Care Suites at THE WINDSOR OF SAVOY

# THE WINDSOR OF SAVOY

Assisted Living and Memory Care Suites

FOR MORE INFORMATION about The Windsor of Savoy, or to schedule a private showing, please CALL OUR LEASING TEAM at (217) 351-1437.

#### The Windsor of Savoy 401 Burwash Ave., Savoy, IL WindsorOfSavoy.com

Windsor Court is the licensed Assisted Living and Memory Care extension of The Windsor of Savoy, the area's premier retirement community, owned and operated by Carle Health since 1988. The retirement landscape is constantly changing and evolving, placing The Windsor of Savoy in a unique position of stability.

Life at Windsor Court combines luxury, convenience and the security of knowing that help is available 24 hours a day. The Windsor of Savoy rests on beautifully landscaped grounds highlighted by a large pond and fountain. The resort-like setting provides an environment that enhances the quality of resident life.

An inviting dining room features first-rate service with a variety of menu choices. Coffee service and resident computers are available in the lobby. A beauty/barber shop, activity room and cozy library with a fireplace make the commons complete.

Windsor Court Assisted Living and Memory Care residents receive the daily help they need from Carle Magnet® nurses and personal care assistants, while maintaining as much independence as possible.

Our Windsor Court residents also have full access to the connected Independent Living property. Whether it's to meet up for cards, listen to live music or participate in a campus-wide event, our residents love the activities that make The Windsor home.

# ASSISTED LIVING – PRIVATE APARTMENT HOMES

Windsor Court Assisted Living features 27 one- and two-bedroom private apartment homes equipped with the following:

- Kitchenette with refrigerator, sink, cabinets and space for a microwave.
- Walk-in closet.
- Wall-to-wall carpeting (except for kitchenette and bathroom).
- Choice of balcony or patio.
- Emergency in-house call system, monitored 24 hours a day.
- Cable TV service included.
- Safety showers.
- Sound-resistant construction.
- Sprinkler system throughout the building.

# WHO BENEFITS FROM WINDSOR COURT ASSISTED LIVING?

Windsor Court is ideal for individuals who still enjoy their independence but have health concerns that prevent them from living at home alone. These can include limited mobility, vision or hearing impairments, mild cognitive impairment, or similar concerns; or those who need medication management, nursing services or regular condition assessments.

# ASSISTED LIVING ALL-INCLUSIVE PRICING INCLUDES:

#### NURSING SERVICES\*

Nursing services allowable under the Assisted Living Regulations are provided by Carle Foundation Hospital Magnet® nurses. Nurses are available 24 hours a day, seven days a week. These services may include:

- Medication management, including pill box setup and reminders with documentation.
- Medication administration (applying medication patches; regulating oxygen; administering eye drops, ear drops or injections; etc.).
- Minor wound care.
- Assessments of the resident's condition.

# PERSONAL CARE ASSISTANCE\*

Assistance with activities of daily living, available 24 hours a day, including:

- Help with bathing, dressing and grooming.
- Support with transferring and mobility.
- Escorts to meals or activities in the building.
- Reassurance and safety checks.
- Medication reminders, with staff documentation.
- Reminders for meals, appointments and activities.
- Toileting assistance and incontinence management.

#### MEAL PLAN

Three meals – with a variety of menu options – provided daily.

- Renowned first-class dining.
- Assistance with menu selection available.
- Room deliveries available as needed.
- Complimentary private dining room for special events or visits.
- Catering services for special events.\*\*

#### HOUSEKEEPING

Daily bed-making and trash removal. Weekly housekeeping, plus annual deep cleaning of apartments.

#### LAUNDRY SERVICES

Personal laundry and linen service weekly. Laundry is washed independently from other residents'.

#### EMERGENCY RESPONSE SYSTEM

Emergency pull-cords are accessible in each bedroom and bathroom. In addition, each resident has a personal response pendant that is monitored 24 hours a day, seven days a week.

#### MAINTENANCE

Full-time maintenance professionals on staff.

#### UTILITIES

All utilities included, except telephone and internet within the apartment. Internet is available free of charge in the common areas.

#### LIFE ENRICHMENT OPPORTUNITIES

We're proud of our well-rounded calendar of events, developed by our Life Enrichment Coordinators with input from residents.

- Educational, recreational, cultural, social and wellness events.
- Fitness classes offered five days a week.
- Social hour each Friday evening before dinner.
- Fun seasonal events and socials.
- Additional off-campus excursions.

### CHAUFFEURED TRANSPORTATION

We feature two wheelchair accessible vans running every 30 minutes – five days a week from 8 a.m. to 4 p.m. – to your destination of choice in Champaign, Urbana or Savoy. Transportation is not limited to medical appointments. The Windsor of Savoy also provides weekend transportation to shopping centers and churches.

### VALET SERVICE

We bring residents' vehicles to the front door with a timely request.

#### **RESIDENT LOUNGES**

A multipurpose pond-view lounge – plus an activity room and library – provide plenty of opportunities to host private events or entertain guests.

# CONVENIENCE SERVICES

- Prescription pickup and delivery from local pharmacies.
- Access to a premier pharmacy and complimentary packaging service.
- Dry-cleaning pickup and delivery.
- Weekly banking options.
- Personal check-cashing at the front desk.
- Postal services available in-house.
- Convenience shop.\*\*
- Beauty/barber shop.\*\*
- Local library-lending program.
- Business office with copier, fax and shredder.
- On-site recycling and donation programs.

\*Up to one hour per day of combined Personal Care Assistance and Nursing Services included in the basic-inclusive monthly pricing.

\*\*Additional charge for these products/services.

# ADDITIONAL CAMPUS FEATURES

- Elegant library with computer and internet access.
- Free Wi-Fi in common areas.
- Communal gym with exercise and fitness equipment.
- Indoor bird aviary.
- Garden plots for residents who are avid gardeners.
- Full access to the connected Independent Living property.

# THE BARBARA AND MERRILL HUFFMAN MEMORY CARE SUITES

The Barbara and Merrill Huffman Memory Care Suites opened in 2022, with help from a generous donation from the Huffman family. Dr. Merrill Huffman joined Carle as an obstetrician-gynecologist in 1960, serving nearly four decades. Barbara Huffman grew up in Champaign-Urbana and graduated from Champaign High School in 1951. She was a life member of the Carle Foundation Hospital Auxiliary and had a special place in her heart for the Carle Auxiliary Guest House. When Barbara passed in 2016 after years of living with Parkinson's disease, Dr. Huffman established the Barbara and Merrill Huffman Memory Care Fund to help Carle care for those with cognitive health issues. Their donation to The Windsor of Savoy, made shortly before Dr. Huffman's passing in 2019, helped transform nine private apartments located on the second level of Windsor Court into the Memory Care Suites. These suites feature 24-hour on-site availability of a specialized nursing and caregiving staff – certified in dementia care by the Alzheimer's Association®.

Residents of our Memory Care Suites receive the specific daily help they need from Carle Foundation Hospital Magnet® nurses and caregivers, while enjoying supervised access to all the amenities Windsor Court has to offer. With Independent Living, Assisted Living and now Memory Care, our residents can comfortably age in place at The Windsor of Savoy. As care needs change, residents can remain in their community of friends. And all-inclusive pricing means no worrying about increased fees with changing care needs.

The Memory Care Suites include eight one-bed/one-bath suites and one twobed/two-bath suite. Each suite features a living area, kitchenette, bedroom and bathroom. All are spacious, private, secure and safely monitored. An exclusive dining room and lounge provide space for three meals a day, snacks, activities, exercise, relaxation and more.

# THOUGHTFUL DESIGN

• Circadian Lighting

This tailored lighting system – designed to stimulate residents' circadian rhythm (which regulates sleep and wake cycles) – can contribute to significant decreases in anxiety, depression, sleep disturbance and wandering.

# • Bird Aviary

Pets – including birds – can have a beneficial impact on mood and overall wellbeing. Our bird aviary creates a therapeutic environment that helps decrease agitation, allowing residents to be more calm and engaged.

# • Tranquil Environment

A soothing color-palette, thoughtful design and two tranquil community rooms – featuring scenic views of our private pond and graceful waterfowl – make for a calming atmosphere for residents and their loved ones.

# NURSING SERVICES

Nursing services allowable under the Assisted Living Regulations are provided by Carle Foundation Hospital Magnet® nurses. Nurses are available 24 hours a day, seven days a week. These services may include:

- Medication management, including pill box setup and reminders with documentation.
- Medication administration (applying medication patches; regulating oxygen; administering eye drops, ear drops or injections; etc.).
- Minor wound care.
- Assessments of the resident's condition.

# PERSONAL CARE ASSISTANCE

Our resident-centered care program encourages residents to be actively involved in their care, in a supportive environment that promotes resident comfort and personal dignity. Trained staff are available 24 hours a day to meet the physical, emotional and cognitive needs of our residents.

Assistance with activities of daily living includes:

- Help with bathing, dressing and grooming.
- Support with transferring and mobility.
- Reminders and escorts to meals and activities.
- Reassurance and safety checks.
- Maintaining a consistent medication routine.
- Toileting assistance and incontinence management.

# ENHANCED SECURITY and EMERGENCY RESPONSE SYSTEM

- Emergency Nurse Call System: Pull-cords are accessible in each bedroom and bathroom. In addition, each resident has a personal response pendant that's monitored 24 hours a day, seven days a week.
- Our Wander Management System provides dignified safety and security to protect those at risk of wandering and/or leaving the facility.

# COMMUNITY DINING

The Memory Care Suites feature a secure dining area conveniently located just steps away from our residents' private suites. Residents and their guests can enjoy a scenic pond view while dining on a variety of menu options.

- Three meals provided daily, and snacks available anytime.
- Individualized assistance during mealtime.
- Room deliveries available as needed.

### LIFE-ENRICHMENT ACTIVITIES FOR INDIVIDUALS WITH MEMORY-BASED ISSUES

The Life Enrichment Department has developed specialized programming to meet the needs of individuals with Alzheimer's disease and other cognitive and memorybased health issues.

- Daily seated-exercise classes.
- Activities tailored to individual interests and past experiences.
- Engaging cognitive-based programming to stimulate emotional engagement and encourage expression. This includes art, music and pet therapy.

## SPECIALIZED EXERCISE EQUIPMENT

The Memory Care Suites also feature access to recumbent cross-trainer exercise equipment. This exercise modality lets residents with limited mobility, balance issues or cognitive decline safely perform aerobic activity.

#### HOUSEKEEPING

Daily bed-making and trash removal. Weekly housekeeping, plus annual deep cleaning of apartments.

#### LAUNDRY SERVICES

Personal laundry and linen service weekly. Laundry is washed independently from other residents'. Dry-cleaning pickup and delivery services available.

#### MAINTENANCE

Full-time maintenance professionals on staff.

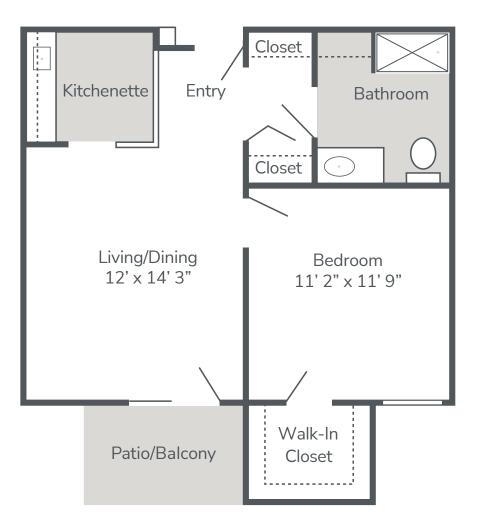
#### UTILITIES

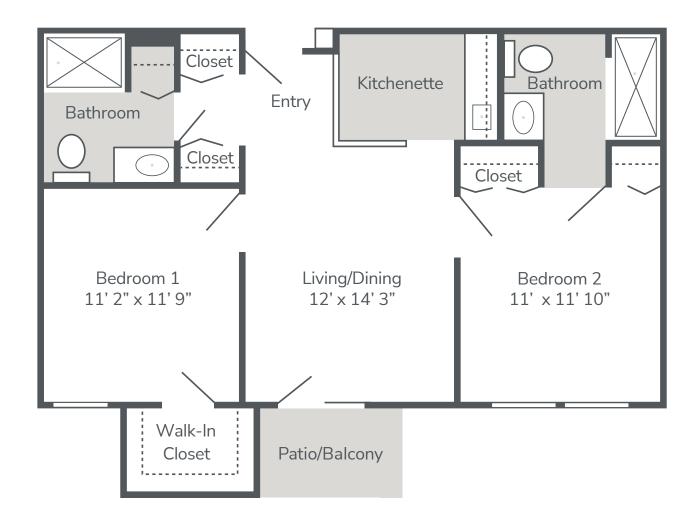
All utilities included, except telephone and internet within the apartment.

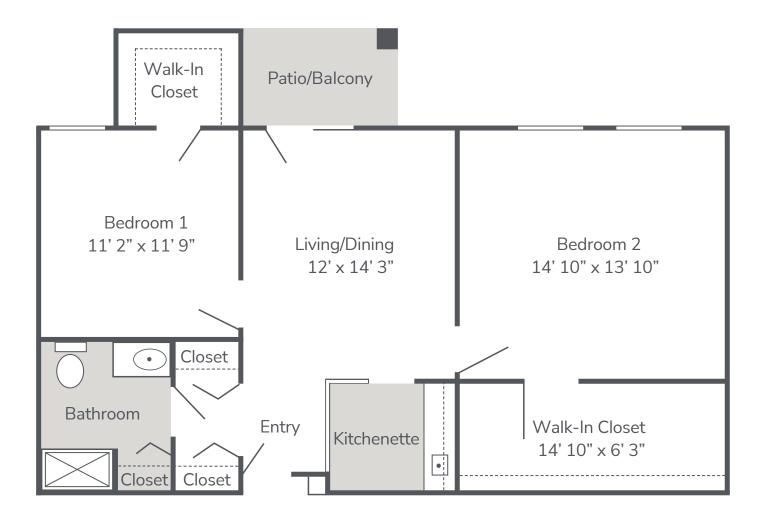
#### CONVENIENCE SERVICES

- Beauty/barber shop.\*\*
- Convenience shop.\*\*

\*\*Additional charge for these products/services.







# THE WINDSOR OF SAVOY PRE-APPLICATION PROCESS

# PLANNING FOR FUTURE RESIDENCY

- A deposit of \$1,500 will put your name on our waiting list.
- Names will be placed on the waiting list on a first-come, first-served basis.
- The waiting-list deposit will be converted to part of the security deposit at the signing of the lease.
- If you do not qualify for Assisted Living or Memory Care, or in the event of death, the \$1,500 deposit will be refunded in full. If, for any other reason, you do not sign a lease, the deposit will be refunded, less a \$300 processing fee.
- Annual interest is paid on security deposits only, not on waiting-list deposits.
- Current residents of The Windsor of Savoy are given priority to move between levels of care.

# STEPS TO QUALIFY FOR ASSISTED LIVING OR MEMORY CARE

- Complete and submit a Preliminary Application for Assisted Living or Memory Care.
- Submit a Physician's Assessment for Assisted Living or Memory Care. The comprehensive assessment must be completed no more than 120 days prior to move-in. In addition, a new Physician's Assessment must be completed upon a significant change in health status.
- Meet with Windsor management for an assessment, in order to confirm eligibility and develop a customized personal service plan.

# CAN I AFFORD TO LIVE IN A RETIREMENT COMMUNITY?

When calculating the cost of living at The Windsor of Savoy, consider what current costs you'll no longer have to pay for, as well as the services you'll gain in exchange. For example:

- Mortgage: Are you currently making monthly mortgage payments? Those payments will stop once your current residence is sold.
- Property Taxes: This is often an overlooked expense of homeownership. It's another payment that'll stop once your current residence is sold.
- Housekeeping/Maintenance: Are you paying someone to do your housework, lawn care or handyman/repair services? These services are included as part of our monthly fee.
- Basic Utilities: Most likely, you're currently paying for numerous utilities, such as water, sewer, power, cable and garbage. At The Windsor, utilities are included in your monthly rental fee. The only extra you'll pay is for phone or in-room internet. (But you can use our free internet in the common areas.)
- Food/Groceries: You may currently be buying groceries for three meals a day

   or maybe you're eating most meals at restaurants. At Windsor Court, your
   meals are on us.

- Transportation: If you currently own a vehicle, there can be numerous expenses involved – including loan payments, maintenance, insurance and fuel. While some Windsor residents continue to own a car, many rely on our extensive transportation service to get around town – conveniently provided to each resident at no additional charge.
- Entertainment: With our extensive calendar of events, some residents find they now spend less money on entertainment (such as on gym memberships, fitness classes, concerts or lectures). Plus, residents have access to our weekly happy hour and the use of our private party spaces.

Payment options for Assisted Living and Memory Care can include:

- Long-Term Care insurance. Contact your insurance agent for more information.
- Veterans Aid and Attendance Benefits available to qualifying veterans and their spouses. Contact your local Veterans Affairs (VA) office for more information.

Medicare and Medicaid will not pay for services provided by The Windsor. Medical assistance under Article V or Article VI of the Illinois Public Aid Code is not available for payment for services provided at The Windsor.


#### DISCRIMINATION IS AGAINST THE LAW.

Carle Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Carle Health does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Carle Health provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats)

Carle Health provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages.

If you need these services, contact Carle interpreter services at (217) 326-0340.

If you believe that Carle Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Carle Patient Relations at (217) 326-8560 or toll free (855) 665-8252, by email at patient.relations@carle.com or by mail at Carle Health, Attention: Patient Relations, 611 W. Park Street, Urbana, IL 61801. If you need help filing a grievance, Patient Relations is available to help you, M-F 8am-5pm. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, (800) 368-1019 or (800) 537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

#### SPANISH

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

#### CHINESE (MANDARIN)

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-217-383-2545.

#### VIETNAMESE

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-217-383-2546.

#### KOREAN

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-217-383-2547 번으로 전화해 주십시오.

#### TAGALOG

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-217-326-0340.

#### RUSSIAN

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-217-326-0340.

#### ARABIC

#### ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 0340-326-1-1

#### FRENCH

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-217-383-2544.

#### POLISH

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

#### ITALIAN

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-217-326-0340.

#### GERMAN

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-217-326-0340.

#### HINDI

ध्यान देंः यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-217-326-0340. पर कॉल करें।

#### GUJARATI

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:્શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-217-326-0340.

#### URDU

خبر دار: اگر آپ ار دو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں 0340-326-1-217

#### GREEK

ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-217-326-0340.

#### 1220SK

# THE WINDSOR OF SAVOY

Making life a beautiful experience.

# WAITING LIST APPLICATION

Date///	_		
Name			
Preferred Nickname			
Address			
Street	City	State	Zip
Fmail			
Email Cell Phone			
Birthdate / /			
Social Security Number			
Marital Status			
□ Single □ Married □ Widowed	□ Divorced		
If Married			
Spouse's Name			
Spouse's Preferred Nickname			
Spouse's Email			
Spouse's Birthdate//			
Spouse's Social Security Number			
Contact Person(s)			
Name			
Email			
Phone ( )			
How is this person related to you?			





Continued on back

Second Contact Person(s)							
Name							
Email							
Phone ( )							
How is this person related to you?							
Apartment Profesence (Style)							
Apartment Preference (Style)							
Additional Preference(s)							
How did you hear about The Windsor of Savoy?							
<ul><li>□ Friend</li><li>□ Newspaper</li><li>□ Other</li></ul>							
How soon are you hoping to move to The Windsor of Savoy?							
Within the next month	$\Box$ 2 - 6 months						
$\Box$ 6 months to one year	$\Box$ More than on	e year					
Are you ready to receive calls about available apartments?			□ Yes	🗆 No			

I/We agree to deposit an entry fee of \$1,500 made payable to Carle Retirement Centers, Inc. to be placed on The Windsor of Savoy's Waiting List. The entry fee will be converted to part of the required security deposit at the signing of a lease. In the event of death, the full \$1,500 deposit will be refunded. If for any other reason, I/We do not sign a lease, the deposit will be refunded, less a \$300 processing fee.

Signature	Date
Signature	Date
PLEASE RETURN WITH DEPOSIT TO:	
The Windsor of Savoy Attention: Leasing Team	
401 Burwash Avenue	

Savoy, Illinois 61874